FREQUENCY / CHANNEL CHART FRS / GMRS TRANSCEIVERS in the United States as of August 27, 2020

Channel	Channel Frequency		Channel Number		GMRS license	Maximum permitted power		Equipment requirements	
type	(MHz)	Most radios	Some radios	Service	required?	under FRS	under GMRS	under FRS	under GMRS
Shared	462.5625	1	9	FRS or GMRS	(a)	2 watts	5 watts	(c)	(d)
Shared	462.5875	2	10	FRS or GMRS	(a)	2 watts	5 watts	(c)	(d)
Shared	462.6125	3	11	FRS or GMRS	(a)	2 watts	5 watts	(c)	(d)
Shared	462.6375	4	12	FRS or GMRS	(a)	2 watts	5 watts	(C)	(d)
Shared	462.6625	5	13	FRS or GMRS	(a)	2 watts	5 watts	(C)	(d)
Shared	462.6875	6	14	FRS or GMRS	(a)	2 watts	5 watts	(C)	(d)
Shared	462.7125	7	15	FRS or GMRS	(a)	2 watts	5 watts	(c)	(d)
Shared	467.5625	8	not available	FRS or GMRS	(a)	0.5 watt	0.5 watt	(c)	(e)
Shared	467.5875	9	not available	FRS or GMRS	(a)	0.5 watt	0.5 watt	(c)	(e)
Shared	467.6125	10	not available	FRS or GMRS	(a)	0.5 watt	0.5 watt	(c)	(e)
Shared	467.6375	11	not available	FRS or GMRS	(a)	0.5 watt	0.5 watt	(C)	(e)
Shared	467.6625	12	not available	FRS or GMRS	(a)	0.5 watt	0.5 watt	(c)	(e)
Shared	467.6875	13	not available	FRS or GMRS	(a)	0.5 watt	0.5 watt	(C)	(e)
Shared	467.7125	14	not available	FRS or GMRS	(a)	0.5 watt	0.5 watt	(C)	(e)
Shared	462.5500	15	1	FRS or GMRS	(a)	2 watts	50 watts (f)	(c)	(d)
Shared	462.5750	16	2	FRS or GMRS	(a)	2 watts	50 watts (f)	(C)	(d)
Shared	462.6000	17	3	FRS or GMRS	(a)	2 watts	50 watts (f)	(C)	(d)
Shared	462.6250	18	4	FRS or GMRS	(a)	2 watts	50 watts (f)	(C)	(d)
Shared	462.6500	19	5	FRS or GMRS	(a)	2 watts	50 watts (f)	(c)	(d)
Shared	462.6750	20	6	FRS or GMRS	(a)	2 watts	50 watts (f)	(c)	(d)
Shared	462.7000	21	7	FRS or GMRS	(a)	2 watts	50 watts (f)	(c)	(d)
Shared	462.7250	22	8	FRS or GMRS	(a)	2 watts	50 watts (f)	(c)	(d)
GMRS	467.5500	15 (b)	1 (b)	GMRS	yes (b)	prohibited	50 watts (f)	not applicable	(d)
GMRS	467.5750	16 (b)	2 (b)	GMRS	yes (b)	prohibited	50 watts (f)	not applicable	(d)
GMRS	467.6000	17 (b)	3 (b)	GMRS	yes (b)	prohibited	50 watts (f)	not applicable	(d)
GMRS	467.6250	18 (b)	4 (b)	GMRS	yes (b)	prohibited	50 watts (f)	not applicable	(d)
GMRS	467.6500	19 (b)	5 (b)	GMRS	yes (b)	prohibited	50 watts (f)	not applicable	(d)
GMRS	467.6750	20 (b)	6 (b)	GMRS	yes (b)	prohibited	50 watts (f)	not applicable	(d)
GMRS	467.7000	21 (b)	7 (b)	GMRS	yes (b)	prohibited	50 watts (f)	not applicable	(d)
GMRS	467.7250	22 (b)	8 (b)	GMRS	yes (b)	prohibited	50 watts (f)	not applicable	(d)

(a) No GMRS license is required in order to transmit on this frequency if FRS limits and restrictions are followed.

(b) This is a repeater input frequency and may be used only by licensed GMRS users.

(c) FRS restrictions apply and include: integral (non-detachable) antenna; bandwidth maximum 12.5 kHz.

(d) GMRS restrictions apply. Antennas may be detachable.

(e) GMRS restrictions apply. Antennas may be detachable. Only handheld units may transmit and bandwidth maximum is 12.5 kHz on this frequency.

(f) Base stations are limited to 15 watts.

Operators with GMRS licenses transmitting in the GMRS (the General Mobile Radio Service) must comply with all applicable regulations. These requirements include: "The GMRS station call sign must be transmitted following a single transmission or a series of transmissions; and, after 15 minutes and at least once every 15 minutes thereafter during a series of transmissions lasting more than 15 minutes." (47 CFR 95.1751)

As of the revision date of this document, 47 CFR 95, the FCC rules governing the Personal Radio Services (including but not limited to the FRS and the GMRS), were on the US Government Publishing Office Web site at at https://tinyurl.com/y7wj8s9w